

LIPS | AFTER CARE INSTRUCTIONS

⇒ Day one: (day of the treatment):

Ice the area, 10 minutes on, 10 minutes off, for 3 hours.

Make sure your hands are completely clean before taking care of the treated skin.

After the treatment you have to clean the area **ONLY** with lukewarm water. Dry gently with paper towels or cotton.

BE EXTRA CAREFUL NOT TO RUB OR SCRUB THE AREA.

*After gently cleaning, apply post-care cream. Coconut oil or shea butter works perfect!

Repeat these two steps (clean and post-care cream), every hour **ONLY FOR THE FIRST DAY**, after the treatment.

⇒ Apply the post-care cream (Coconut oil or shea butter) with a cotton swab and use a very light movement; do not manipulate the skin aggressively.

⇒ For the next 7 to 14 consecutive days:

- ✓ Coconut oil or shea butter as often as possible, keeping them moist all the time.
- ✓ Drink plenty of water.
- ✓ Continue taking cold sore medication (if needed), as directed by physician.
- ✓ Lips Scrub can be used 14 days post treatment to eliminate any dryness left over after this process.

⇒ It takes a minimum of 30 days for the color to fully stabilize. During that time clients may experience some or all the following:

- Mild flaking, **Do NOT** pick at the skin
- Mild swelling
- Color fluctuations
- Uneven coloring
- Soreness

AVOID AFTER THE TREATMENT THE FOLLOWING:

- × No cigarettes, smoking, the tar in cigarettes can change the color of the pigment
- × No alcohol for 24 hrs. It can create swelling and burning.
- × No other lip products on the lips for 10 days (lip stick, gloss, scrubs).
- × Excessive sweating, exercising and swimming
- × Hot showers, baths or jacuzzi.
- × Tanning beds, or spray tanning.
- × Laser or chemical peels.
- × Lip fillers for 45 days.
- × Retinol or glycolic products.
- × Picking, peeling or scratching off the micropigmentation area in order to avoid scarring of the area or removal of the pigment.
- × Spicy foods, alcohol and smoking may lead to slow healing of wounds and hyper-pigmentation or bad pigment retention.
- × Touching the area except for when rinsing and applying the post-care cream with a cotton swab.
- × Do not use make-up, lipstick, gloss or any other product
- × in the area for the first 10 days.
- × Itching and flaking may appear during the first seven days. However, experience has shown that following these after-care instructions, these symptoms may quickly disappear.
- × The healing of deeper wounds might last between 28-35 days. Touch-ups and/or correction of the shape-design is recommended only after this period.
- × If you have any unexpected problems with the healing of the skin, please contact NY Ink Beauty Arts immediately to discuss further instructions.

WHAT TO EXPECT AFTER YOUR SESSION?

Your new look will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still on top of your skin and has not yet settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin.

Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the color pigment is fading too quickly, however, this is just superficial color and dry skin being naturally removed from the area.