

## MICRONEEDLING | AFTER CARE

- Following treatment, the skin will appear flushed. This should subside within the next 24 to 48 hours.
- If a topical layer of face cream was applied after the skin needling procedure it must be kept overnight and washed off the next morning. If the treatment was performed during the face dry gently with a clean soft towel, and apply the recommended product.
- Unless otherwise directed, the use of cleansers or topical products should be avoided for at least **36 hours** post treatment.
- (no less than 48 hours post procedure). Using make-up on broken skin poses a certain risk of hyper pigmentation as a result of infiltration of makeup into the open tissue, as well as the risk of potential bacterial infection and inflammation in the treatment area.
- **No exercise and sun exposure** or physical activity 48 hours after treatment (avoid sweat).

A normal skin care regimen can be resumed once the skin has completely healed or after the 6 treatments have been completed.★

Your following skin care plan during the first 7 days:

**First 2 days:** Only warm water and serum. No sun exposure.

**After 2 days | Mornings:** Cleanser – Moisturizer – Sun protection

**After 2 days | Nights:** Cleanser - Moisturizer

If you have any questions regarding your treatment, please don't hesitate to contact:

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